## ABSTRACT OF THE DISCLOSURE

To provide an information processing device, a method of saving and loading data, and an information recording medium. A volatile memory means of an information processing device of this invention stores data in a volatile manner. A nonvolatile memory means stores data in a nonvolatile manner. A determination means determines a cause of a reset which has been generated. A saving means saves the data stored in the volatile memory means into the nonvolatile memory means when the cause of the reset is a specified cause, and operation of the information processing device is stopped by a stopping means. A loading means loads the data stored in the nonvolatile memory means to the volatile memory means when the cause of the reset is not a specified cause, and operation of an operating system of the information processing device is started by a starting means. A program which implements the information processing device is recorded on an information recording medium.